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Dear Farm Camp Families,

Wolfe’s Neck Center is a magical place and every summer it comes alive with the arrival of campers and their families. Campers spend their days exploring our barns, garden, woodlands, and coast. Whether this is your camper’s first time at Farm Camp, or they are returning after many years, we are excited for you to join us!

At Wolfe’s Neck Center, we foster discovery, learning, and leadership through farm-based experiences. Our vibrant campus serves as a unique hub for education and exploration. This summer, your camper will participate in any number of farm and nature-based activities, learning more about the complexities of farm life, sustainable agriculture, and the environment. Combined with plenty of time for more traditional day camp activities and fun, your camper will return home tired with amazing stories and new experiences to share, and probably with dirt under their fingernails.

In preparation for Farm Camp, please carefully review this handbook. The following pages contain important details and policies to ensure a successful summer season. Please reach out if you have any questions and I look forward to meeting you and your camper(s) soon!

Sincerely,

Katie Williams
Farm Camp Manager

Contact the Farm Camp Team at (207) 865-4469 ext. 101, or educationadmin@wolfesneck.org!
Katie Williams
Farm Camp Manager

Born and raised in coastal Maine, Katie attended Saint Anselm College in Manchester, NH.

After graduating, she lived in Haiti for a year and a half and while there, saw firsthand the importance of education, food, nutrition, and farming. Returning stateside with an interest in food justice and teaching, Katie has spent the last eight years leading experiential, farm, and garden-based education in both camp and non-camp settings. When not teaching or farming, she enjoys reading, traveling, cooking, and painting.

Breton Lorway
Operations & Administrative Assistant

Originally from Massachusetts and a graduate of Mt. Holyoke College, Breton’s educational background is in Environmental Studies and Studio Art. She has found purpose in creatively serving environmental organizations from “behind the scenes” using her wide range of skills.

In Breton’s free time you can find her printmaking and painting, birdwatching, making dinner with her best friends in Portland, or reading a book with her cat, Fauvette.

Melody Larson
Farm Education Coordinator & Assistant Camp Manager

Melody came to WNC in 2019 as a Farm Camp Counselor and has found it hard to wander too far ever since. After graduating from Colby College in 2020 with a degree in Environmental Policy, she was an educator for WNC’s Farm Discovery School. She then had a stint at North Country School in the Adirondacks helping run their farm and co-teach classes. She was thrilled to return to Wolfe’s Neck in 2022 as the Farm Education Coordinator and Asst. Camp Director! Besides farming, she loves to nordic ski, contra dance, play with her dog Pip, and bake yummy treats.
ALL CAMPERS: NO CAMP JUNE 19th OR JULY 4th

**Buds (Age 4)**
½ Day Programming: 9:00am – 12:00pm or 1:00pm – 4:00pm | $275 per week
Full Day Programming: 9:00am – 4:00 pm | $325 per week

**Peapods (Age 5)**
Full Day: 9:00am – 4:00pm | $325 per week

**Sprouts (Ages 6-7)**
Full Day: 9:00am – 4:00pm | $325 per week

**Seedlings (Ages 8-9)**
Full Day: 9:00am – 4:00pm | $325 per week

**Farm Kids (Ages 10-11)**
Full Day: 9:00am – 4:00pm | $325 per week

**Farmward Bound (Ages 12-13)**
Farmward Bound will NOT be held during Weeks 6 and 7 (July 22nd to August 2nd).
Full Day with One Optional Overnight: 9:00am – 4:00pm | $400 per week

**C.H.E.F. (Ages 12-15):**
This program is only taking place during Weeks 6 and 7 (July 22nd - 26th & July 29th - August 2nd).
Full Day: 9:00am – 4:00pm | $400 per week

**Counselors-in-Training**
This program is only taking place during weeks 4 and 5 (July 8th – July 19th).
Full Day: 8:45am to 4:15pm | $100 per week

**Junior Counselors (Ages 15-18)**
Participants can choose one or two week-long sessions, with two consecutive weeks being preferred.
Full Day: 8:45am to 4:15pm | $100 per week
What to Wear/Pack

What does my camper need to wear to camp?
Campers should wear weather appropriate clothing and **CLOSED TOED SHOES**. Because our day includes campers being up close with our animals, working in our pastures with tools, and being in spaces with or near animal feces, it is important to fully protect the feet. Please also pack extra layers, hats, jackets, and waterproof clothing.

What does my camper need to bring to camp?
- Water bottle
- Lunch (nut free) (½ day Buds do not need a lunch)
- AM snack (nut-free)
- PM snack (nut-free)
- Full change of clothes including socks and underwear (just in case!)
- Extra warm layers
- Rain gear
- Sunscreen
- Sun hat
- Bugspray
- Medications (if applicable)
- Books and Journals (optional)

What not to bring?
- Food with nuts in it
- Cell Phones
- Toys and stuffed animals (We want to avoid anything that will collect excess dirt or barnyard feces!)

Pack Plenty of Food!
When packing your camper’s snack and lunch please keep in mind that they will be active throughout the day and will likely require more food than usual.

Label Belongings
We strongly recommend labelling all of your camper’s clothing and belongings with their first and last name. That way, items can easily be returned when they end up in our lost and found.

Some tips on reducing lunchtime waste:
- Bring a reusable lunch bag/container
- Use cloth napkins and reusable utensils
- Buy in bulk to reduce packaging
- Avoid single-serving packaging
- Compost food waste on the farm or bring it home to your own compost.
Tasting at Camp

At Farm Camp we encourage campers to taste things that we produce at Wolfe’s Neck!

This is of course optional, and we consider all allergies prior to tasting. Your camper may also get a chance to cook using fresh ingredients. We will provide alternatives to accommodate allergies when necessary.

Here are a few examples of the things campers might have the opportunity to cook or taste, based on what we’ve made in the past:

• Salad, stir-fry, or pesto made with vegetables and herbs from our garden
• Omelettes or scrambles made from our farm-fresh eggs
• Homemade cheese, ice cream, and butter

Please make sure ALL of your camper’s allergies are listed in their Health History Profile so that we can be mindful of any allergies.

Reach out to the Farm Camp Team directly if you have any questions or concerns, at (207) 865-4469 ext. 101, or at educationadmin@wolfesneck.org!
**Handwashing**
As with any farm, we recommend campers wash their hands before coming to camp and after returning home. In addition, campers will wash their hands regularly throughout the day while at camp.

**Bringing Medications To Camp**
If your child requires medication to be administered during program time or in case of an emergency, please bring unexpired medications in original prescription bottles, labeled by the prescriber or pharmacist. You will be asked to check this in with our Camp Medic on your first day of camp. Any medications brought in non-prescription bottles will not be accepted. Medications include inhalers, diabetic supplies, EpiPens, etc. A more detailed communications about medications and health information (including over-the-counter medications) will be sent out before your camper’s session.

**First Aid**
Many of our Farm Camp staff are First Aid, CPR, or Wilderness First Aid certified and we typically have one or two certified lifeguards on staff. We will also have a licensed medical professional on staff at all times who will treat the basic day-to-day first aid and support all medical issues that arise. Based on ME Health Department requirements for summer camps this person will be one of the following: Registered Nurse, Licensed Practical Nurse, an Emergency Medical Technician, or a Wilderness First Responder.
Ticks

While it is a good idea to take preventive measures against ticks year-round, be extra vigilant in warmer months (April-September) when ticks are most active. **Please check your camper or help them check themselves for ticks at the end of each camp day.** Click on the following link to learn more about ticks and tickborne diseases in Maine:

Tick Attachment and Tickborne Diseases

Browntail Moths

The browntail moth was accidently introduced into Somerville, Massachusetts from Europe in 1897. It has recently become a big problem in coastal Maine. Browntail moth caterpillars shed tiny poisonous hairs that can cause a skin rash similar to poison ivy, but may affect each person differently. Read more at the following link:

Browntail Moth in Maine

There are some precautions you can take to help reduce exposure and the spreading of a rash if your camper comes in contact with browntail moth.

These include:

1. Changing clothes after camp
2. Bathing in the evenings after camp
3. Wearing new clothes to camp every day.
Severe Weather & Other Emergencies

SEVERE WEATHER
If Freeport is expecting severe weather, cancellations of camp will be announced at 8pm the evening before the inclement weather, using the primary AND secondary email addresses that we have in CampInTouch.

Farm Camp will most likely not be cancelled due to rain, thunderstorms or lightning. Instead, camp will be held indoors at the Smith Center.

OTHER EMERGENCIES
Information regarding any emergencies or last minute changes will be shared via email first. If necessary, a call will be given to primary contacts listed in CampInTouch.

Please contact our office at educationadmin@wolfesneck.org or (207)865-4469 ext. 101 to learn more about our emergency action plans.
T-Shirts, Buddy Requests, and Milking

T-SHIRT POLICY
Each camper will receive one T-shirt toward the end of their week. Campers returning for more weeks will only receive one shirt.

BUDDY REQUEST POLICY
We know many campers enjoy Farm Camp in the company of peers they know, and we do our best to honor all buddy requests. However, sometimes due to age differences, group sizes, or self-identified behavioral issues, this is not possible.

All campers and ages have the opportunity to spend time with campers from other groups during ‘choice’ time. Campers stay with their base group for camp-wide activities such as snack, lunch, and R.A.D. time (Rest And Digest time) but for other activities they get to choose which group to join!
You can indicate your camper’s buddy request in CampInTouch, under “Forms and Documents”. Look for the “Buddy Request Form”!

MILKING

Due to industry safety standards and health regulations, campers will not participate in milking our cows. Campers will have plenty of exposure to our herd and the complexities that make up a thriving dairy farm. Thank you in advance for your understanding and continued support in ensuring the safety of our campers and livestock.

You can watch our milking daily around 4pm in the observation room at the Dairy Barn!
Drop Off & Pick Up

**CAMPER GROUP**

<table>
<thead>
<tr>
<th></th>
<th>DROP-OFF</th>
<th>PICK-UP</th>
</tr>
</thead>
<tbody>
<tr>
<td>ALL FULL-DAY CAMPERS</td>
<td>9:00am</td>
<td>4:00pm</td>
</tr>
<tr>
<td>(FULL-DAY BUDS, PEAPODS, SPROUTS, SEEDLINGS, FARM KIDS, FARMWARD-BOUND, CHEF)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>MORNING 1/2 DAY BUDS</td>
<td>9:00am</td>
<td>12:00pm</td>
</tr>
<tr>
<td>AFTERNOON 1/2 DAY BUDS</td>
<td>1:00pm</td>
<td>4:00pm</td>
</tr>
<tr>
<td>C.I.TS AND JUNIOR COUNSELORS</td>
<td>8:45am</td>
<td>4:15pm</td>
</tr>
</tbody>
</table>

Before Care: 8:00-9:00am | $75/week

In order to attend Before Care, your camper must be registered for Before Care through CampInTouch.

Please drive carefully and slowly in and around the farm, especially when picking up and dropping off your camper(s).

Remember that Wolfe's Neck Center is a working organic dairy farm. Our herd of milking cows is moved twice a day, sometimes around the same time as drop off or pick up. This may affect traffic.

Please be kind and patient with our Dairy Team, Farm Camp Staff, and our cows.

**CAMPER SIGN-IN/SIGN-OUT**

Pick up and drop off for all campers will occur at the picnic tables in front of the white Little River Farmhouse. **FOR PICK UP, PLEASE BRING AN ID.** We take the safety of campers seriously. You will be asked to present ID to confirm with the Authorized Grown Up list (provided within your CampInTouch profile) before your camper is released at the end of the day. Do not bring dogs.

If your camper is going home with someone not listed, please provide us with a note of permission by email, phone, or paper.

**CAN MY CAMPER BIKE OR WALK TO AND FROM CAMP?**

Yes! We encourage alternative modes of transportation! If you would like your camper to bike or walk home themselves without an adult, you will need to **fill out our bike/walk permission form** giving your camper’s counselor permission to sign them in/out of camp. We ask that all campers arrive with an adult on the first day of camp. This form will be available on the last page of this handbook.

**EARLY PICK UP POLICY**

If you need to pick up your camper early for any reason, please contact our Education Office. We will make every effort to have your camper ready to go when you arrive.

**LATE PICK UP POLICY**

Please make every effort to pick your camper up on time. Authorized grown ups arriving after pick-up time will be charged a $5.00 late fee for the first 5 minutes or any portion thereof, and $1.00 for every minute after that. If you are late, we will use your late fee money to appreciate our staff and their time at the end of the camp season. Thank you for your compliance and understanding. **Late pick-up affected by cow traffic will not be penalized.**
When dropping off or picking up your camper, **PLEASE DRIVE VERY SLOWLY**, and pay attention to where Farm Camp Staff directs you to park.

**Please park in one of these locations:**
1. Along the edge of Burnett Road nearby the Education Gardens
2. Along the rightmost side of the turnaround driveway, between Little River Farmhouse and the Smith Center
3. The parking lot behind the Smith Center
**Example Camp Daily Schedule**

### Full Day Campers

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am</td>
<td>Camper Drop Off</td>
</tr>
<tr>
<td>9am – 9:15am</td>
<td>Welcome &amp; All Camp Morning Circle</td>
</tr>
<tr>
<td>9:15am – 9:45am</td>
<td>AM Farm Chores (Each group will get a taste of daily farm chores by taking care of a garden space or education livestock. Throughout the week they will rotate through different chores.)</td>
</tr>
<tr>
<td>9:45am – 10am</td>
<td>Snack Time</td>
</tr>
<tr>
<td>10am – 11:15am</td>
<td>Farm Focus Time (Campers will get their hands dirty with hands on activities in our gardens and with our livestock, rotating through different focuses each day such as cooking, gardening, or dairy.)</td>
</tr>
<tr>
<td>11:15am - 12am</td>
<td>Group Exploration Time (Campers will be with their group to get to know each other, play games, and have the chance to explore the different ecosystems around the farm.)</td>
</tr>
<tr>
<td>12pm – 12:30pm</td>
<td>Lunch</td>
</tr>
<tr>
<td>12:30pm – 1:15pm</td>
<td>Rest and Digest (RAD) Time (During this time, we encourage campers to read, draw, or play quiet games to take a break from the high energy of the camp day.) Camp will provide books and games.</td>
</tr>
<tr>
<td>1:15 pm –2:45pm</td>
<td>Choice Time (Campers choose one activity to participate in per day. Activity options may include crafts such as beaded animals, high energy field games, and the popular coast exploration.)</td>
</tr>
<tr>
<td>2:45pm - 3pm</td>
<td>Snack Time Theater! (Farm Camp Staff, and occasionally guest stars, perform short skits and compete in silly minute-to-win it challenges while campers snack and enjoy the show.)</td>
</tr>
<tr>
<td>3pm – 3:30pm</td>
<td>PM Farm Chores</td>
</tr>
<tr>
<td>3:30pm - 4pm</td>
<td>All Camp Closing Circle</td>
</tr>
<tr>
<td>4pm</td>
<td>Camper Pick Up (Don’t forget an ID!)</td>
</tr>
</tbody>
</table>
### Example Camp Daily Schedule

**Morning Half-Day Buds**

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am</td>
<td>Camper Drop Off</td>
</tr>
<tr>
<td>9am – 9:15am</td>
<td>Welcomes &amp; Morning Circle</td>
</tr>
<tr>
<td>9:15am – 9:45am</td>
<td>AM Farm Chores (Each group will get a taste of daily farm chores by taking care of a garden space or education livestock. Throughout the week, they will rotate through different chores.)</td>
</tr>
<tr>
<td>9:45am – 10am</td>
<td>Snack Time</td>
</tr>
<tr>
<td>10am – 11:15am</td>
<td>Farm Focus Time (Campers will get their hands dirty with hands on activities in our gardens and with our livestock, rotating through different focuses each day such as cooking, gardening, or dairy.)</td>
</tr>
<tr>
<td>11:15am – 11:45am</td>
<td>Group Exploration Time (Campers will be with their group to get to know each other, play games, and have the chance to explore the different ecosystems around the farm.)</td>
</tr>
<tr>
<td>11:45am - 12:00pm</td>
<td>Closing Circle</td>
</tr>
<tr>
<td>12:00pm</td>
<td>Camper Pick Up (Don’t forget an ID!)</td>
</tr>
</tbody>
</table>

**Aft. Half-Day Buds**

<table>
<thead>
<tr>
<th>TIME</th>
<th>ACTIVITY</th>
</tr>
</thead>
<tbody>
<tr>
<td>1:00pm</td>
<td>Camper Drop Off</td>
</tr>
<tr>
<td>1:00pm - 1:15pm</td>
<td>Welcomes &amp; Circle</td>
</tr>
<tr>
<td>1:15pm - 2:15pm</td>
<td>Farm Focus Time (Campers will get their hands dirty with hands on activities in our gardens and with our livestock, rotating through different focuses each day such as cooking, gardening, or dairy.)</td>
</tr>
<tr>
<td>2:15pm - 2:45pm</td>
<td>Group Exploration Time (Campers will be with their group to get to know each other, play games, and have the chance to explore the different ecosystems around the farm.)</td>
</tr>
<tr>
<td>2:45pm - 3pm</td>
<td>Snack Break</td>
</tr>
<tr>
<td>3pm – 3:30pm</td>
<td>PM Farm Chores (Each group will get a taste of daily farm chores by taking care of a garden space or a group of our education livestock. Throughout the week they will rotate through different chores.)</td>
</tr>
<tr>
<td>3:30pm - 4pm</td>
<td>Closing Circle</td>
</tr>
<tr>
<td>4pm</td>
<td>Camper Pick Up (Don’t forget an ID!)</td>
</tr>
</tbody>
</table>
Behavior Expectations

We ask each camper to participate physically, mentally, and behaviorally in creating a meaningful experience for themselves and others! Those who do not contribute to a safe, respectful, and inclusive learning environment will meet with the Farm Camp Manager to discuss concerns and work together to form a behavioral plan, and the camper’s family will be notified.

Any camper who engages in threatening, intimidating, or intentionally harmful behavior toward any person or animal will be immediately removed from program activities, especially if these behaviors are developmentally inappropriate. Depending on the situation and behavior, repeated or continued behavioral issues will require further discussion and consequences. Campers may be asked to leave Farm Camp for the day or longer. Tuition will not be refunded if a camper leaves camp due to harmful behavior.

The 3 Camp Rules:

1. Take Care
Campers and staff take care of themselves, their fellow campers, livestock and wildlife, vegetables and forests, our coastlines... and more!

2. Try New Things
At Farm Camp we encourage curiosity, exploration, and discovery. Farm camp is a safe place to try something you’ve never tried before!

3. Have Fun
Self explanatory... we make sure our campers (and our staff!) are having the best day, every day!
Behavior Expectations Cont’d

Our goal is for all campers to have fun and receive the support they need to have a good week.

Please do not hesitate to reach out to our office (207-865-4469 ext. 101) to discuss your campers’ specific needs, how we can accommodate them, or if you have tips to support your camper in having a successful week at camp as they work through transitions and deal with a new routine!

Other Camp Policies

What is the nut policy?
Due to the increased prevalence of nut allergies, we have instituted a nut-free policy for Farm Camp. We do not serve nut products at camp and we ask all participants to refrain from bringing nuts or nut-related products to camp.

However, due to the variety of programs, activities, and public visitors at Wolfe’s Neck Center, we cannot guarantee we are a nut-free facility for those with severe allergies. Please feel free to contact us to discuss your camper’s allergy needs or our policies.

What is Farm Camp’s camper cell phone policy?
Please do not send your camper to Farm Camp with cell phones or other electronics. We want all our campers to be fully engaged and present with our programming.

Medical equipment is our only exception. Medical electronics must be checked in with our office/medical staff at the beginning of your camp week.

If you must contact your camper or if your camper must contact you, we will use our office phone at: (207) 865-4469 ext. 101.
Pre-Camp Checklist

**FORMS (CampInTouch)**

☐ Health History
   *If you attended Farm Camp in 2023, you will STILL need to review and submit an updated Health History form. Most fields will auto-populate with your information from 2023 and need to be confirmed for 2024.*

☐ Upload Immunization Records
   *(even if they’re the same as last year)*

☐ Authorized Grown Ups for Pick Up

☐ Farm Camp Authorizations

☐ Care Plans for Epipens, Inhalers, and Diabetetic Supplies
   *(Upload to CampInTouch)*

*Care Plans and Immunizations can also be faxed directly to us by you or your camper’s physician, to 866-838-0625.*

**PAYMENTS (CampInTouch)**

☐ Navigate to your “My Account” home page where you will see a section titled “Your Family.” Under that section, click on “Financial Management” to pay.

---

**ALL FORMS AND PAYMENTS ARE DUE JUNE 1ST!**

contact the Farm Camp Team with questions at (207) 865-4469 ext. 101, or educationadmin@wolfesneck.org
SUMMER CAMP PARENTAL CONSENT FOR BIKING/WALKING TO CAMP

This is to certify that _______________________________ has my permission to ride their bicycle OR walk to and from home to attend Summer Camp at Wolfe’s Neck Center.

In addition, I consent for my child’s counselor to sign them IN and OUT of camp.

In case of emergency, I may be reached at: ________________________________

I hereby attest that I am (we are) the legal parent/guardian(s) of the above-named child and hereby provide permission for ____________________ to ride their bicycle to and from home to attend Summer Camp, I understand that activity of this kind described may result in physical injury to my child but none the less specifically request that he or she be allowed to bike to Summer Camp.

______________________________________________      _____________________
(Parent/Guardian Signature)      Date

This form must be given to your camper’s counselor by an adult on Monday morning.
Thank You!

Thank you for your continued support of Wolfe’s Neck Center Farm Camp - we are so excited to welcome you and your campers to our campus very soon!